

Try **Physical Therapy FIRST**

by Phyllis Quinn, P.T.



NEW TREATMENT FOR NEUROPATHY

Anodyne therapy is a relatively new type of treatment being offered for peripheral neuropathy. This infrared photo energy modality helps to increase circulation and decrease pain, symptoms that are often experienced with neuropathies. Neuropathy can occur as a result of diabetes type I and II, chemotherapy, radiation, alcoholism and the normal aging process. Treatment consists of pads placed at areas of decreased sensation for 30 – 45 minutes three times a week for a minimum of 4 weeks. Therapy also includes an exercise program to improve strength and balance if there are deficits in these areas. Anodyne was approved by the Food and Drug Administration in 1994 and treatments are reimbursable through insurance.

If you would like more information about this new modality, please call us at 315-7727 and we would be happy to answer any of your questions or concerns.

If you need to schedule an appointment, please call Physical Therapy Services of Guilford, LLC.

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